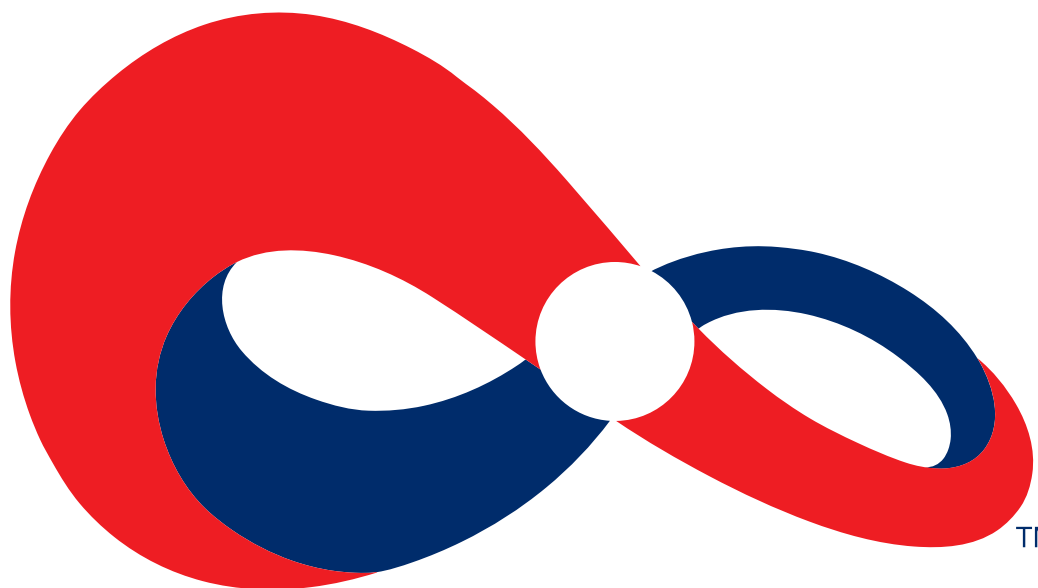


# STOP DEADLY BLOOD CLOTS

Know the Facts. See the Signs? See Your Doctor!



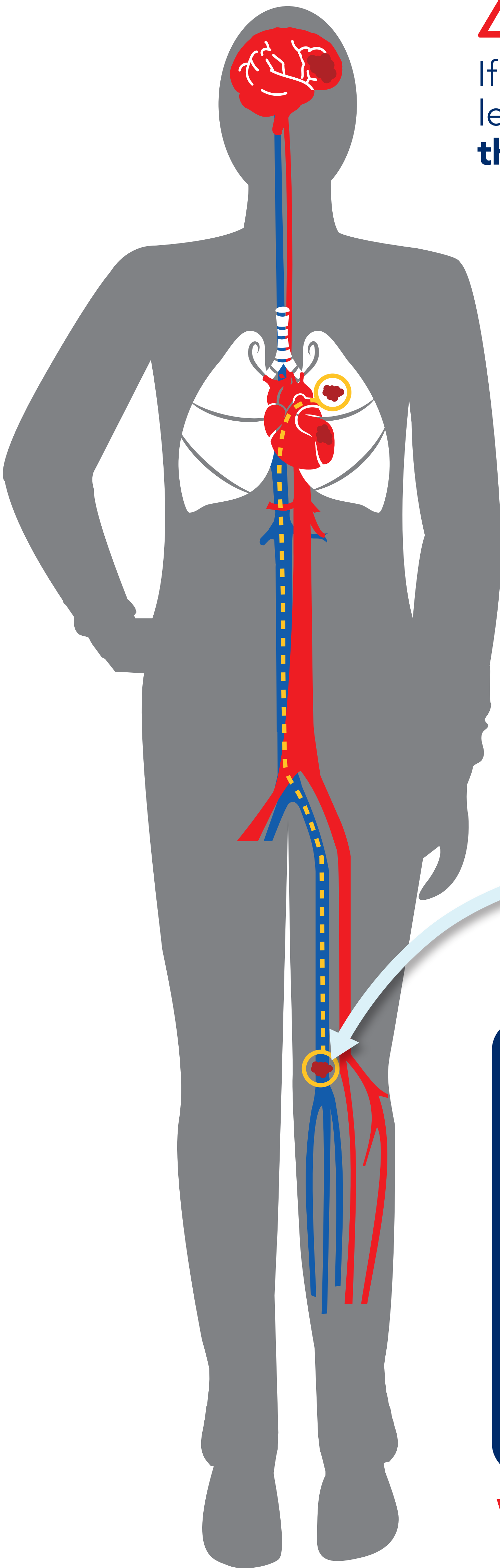
**WORLD THROMBOSIS DAY**  
**13 OCTOBER**

**Thrombosis** – the formation of a blood clot – is the one disorder that causes the world’s top three cardiovascular killers: heart attack, stroke and venous thromboembolism (VTE).

## ⚠️ KNOW THE SIGNS AND SYMPTOMS

If a blood clot forms in your leg, it is called **“deep vein thrombosis” or DVT.**

If the blood clot in your leg breaks off and travels up to your lungs, it is called a **“pulmonary embolism” or PE.**



### WARNING SIGNS OF DVT IN THE LEG MAY INCLUDE:

- Pain
- Tenderness
- Swelling
- Warmth
- Redness



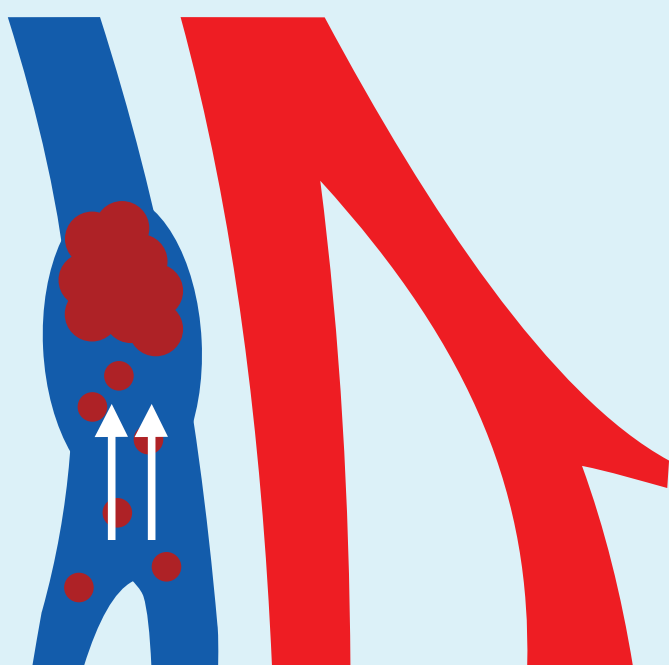
### WARNING SIGNS OF PE MAY INCLUDE:

- Unexplained shortness of breath
- Rapid breathing
- Chest pain (may be worse with deep breaths)
- Rapid heart rate
- Light headedness or passing out



### DVT + PE = VTE

If not prevented or caught early, a deep vein thrombosis (DVT) can progress, with the blood clot breaking away and traveling to your lungs and becoming a potentially deadly pulmonary embolism (PE), which requires immediate medical attention. Together, DVT and PE are known as venous thromboembolism (VTE).



## BE PROACTIVE

**A blood clot in the leg or lung can be prevented.**  
Take three important action steps:

1. Go to [WorldThrombosisDay.org](http://WorldThrombosisDay.org) to learn the risk factors.
2. Be proactive and if you are at risk, talk to your doctor about prevention.
3. Share this information with your family and friends.

**WorldThrombosisDay.org**



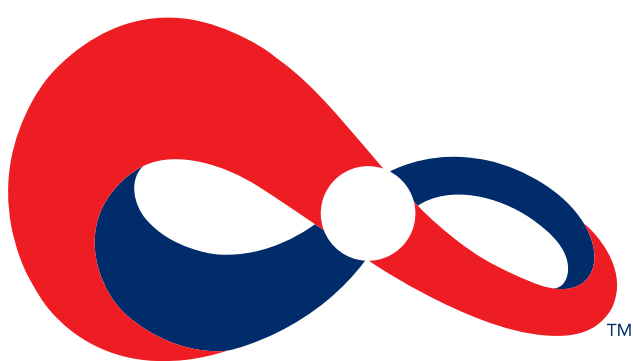
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